

Lansing Parks and Recreation  
Therapeutic Recreation Department presents:



# Kayaking

Sign up for one or both of the mandatory water tests before you launch in the lake. Restrictions are used to ensure safety of staff & participants. You should be able to swim, float, roll and hold your breath. We will test your ability on these skills and work with you on entering and exiting the kayak. Weight is limited for safety reasons. If you have any questions call the Therapeutic Recreation supervisor, Joan, at (517) 483-4291.

## **Activity #441030A Water Test**

6/15 Tue 6:30-8:30 pm Southside (Hill) \$10/Res; \$15Non-Res

## **Activity #441030B Water Test**

6/17 Thu 6:30-8:30 pm Southside (Hill) \$10/Res; \$15Non-Res

## **Activity #441030C Open Water**

7/13 Tue 7-9 pm TBA \$10/Res; \$15Non-Res

## **Activity #441030D Open Water**

7/21 Wed 7-9 pm TBA \$10/Res; \$15Non-Res

### **Registration Information**

To register by credit or debit card call (517) 483-4234 or (517) 483-4277.

Online at: [www.lansingmi.gov/parks](http://www.lansingmi.gov/parks)

Or at any one of our four community centers:

Foster Community Center: 200 North Foster • Lansing, MI 48912 (517) 483-4233

Gier Community Center: 2400 Hall Street • Lansing, MI 48906 (517) 483-4309

Letts Community Center: 1220 West Kalamazoo Street • Lansing, MI 48915 (517) 483-4305

Southside Community Center: 5815 Wise Road • Lansing, MI 48911 (517) 483-6686

For more information contact the Therapeutic Recreation Specialist – Joan at (517) 483-4291.